# The Leisure Connection

June – August 2004

# Registration Begins May 20

See Page 7 for instructions on how to register and pay for activities by phone.

Webtrac is now available! See page 7 for details.



# PRCS COUNTY OF LOUDOUN

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# SPARE TIME BOWLING

(Ages 18 and up, All levels)

Relax on a Friday afternoon with several games of bowling! This program teaches the basics of the game, promotes socialization and community awareness, as well as provides physical fitness. Includes two games of bowling at Village Lanes, Leesburg, VA. You must register for this activity in person or by mail.

Fridays, June 11 & 25 2:45-4:45 PM

Location: Village Lanes, Leesburg

Depart: 1:15P from at-home\*\*

2:15P from ECHO\*

Return: 5:30P to NOVA\*

5:45P to at-home\*\*

Transportation is limited. \*Add \$2.00 for each way. \*\* Add \$2.50 for each way.

Fee: \$10/1 session + transportation Non-Resident Fee: \$15/1 session Activity #: 441710-01 June 11 441710-02 June 25



#### Participant Levels

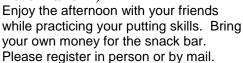
Level I: Participant needs to be selfsufficient with limited staff assistance for care needs.

Level II: Participant requires moderate assistance with care needs.

Level III: Participants with Severe/ Profound disabilities who require staff assistance.

# WOODY'S PUTT-PUTT

# (Ages 18 and up, Level I and II)



Friday, June 18; 3:00P-5:30P Destination: Herndon, Virginia Depart: 1:15P from at-home\*\*

2:15P from ECHO

Return: 6:00P to NOVA 6:30P to DCC 6:45P to at-home\*\*

\*\*Transportation is limited. Add

\$2.50 each way. Fee: \$17.00 Non-Resident Fee:

Activity #: 441722-01

#### **MOVIE MADNESS**

(Ages 13 and up, All Levels)

Join us for a Saturday matinee. We'll spend our free time browsing local shops and grabbing some lunch. Lunch is not included in fee. This activity must be registered for in person or by mail.

Saturday, June 19

Destination: Regal Cinema & Draft

House, Sterling

Depart: 10:00A from at-home\*\*

11:00A from DCC 11:30A from NOVA

Return: 5:00P to NOVA

5:30P to DCC

5:45P to at-home\*\*

\*\*Transportation is limited. Add \$2.50 each way.

Fees: Resident: \$14 Non-Resident: \$21

Activity #: 441730-01

# SOCIALIZERS DINNER

**Borders Café & Bookstore** 

(Ages 18 and up, Levels II & III)
Spend an evening with your friends at a relaxing café and browse through your favorite books & magazines. Fee does not include dinner. Please register in person or by mail.

Monday, June 28; 4:30P-7:00P

Depart: 3:00P from at-home\*\* 4:15P from ECHO

4:30P from DCC

Return: 6:30P to NOVA 7:00P to DCC

7:15P to at-home\*\*

\*\*Transportation is limited. Add \$2.50 each way.

Fee: \$11.00 Non-Resident Fee: Activity #: 441732-01

# ARTS/SPORTS/TRIPS/GENERAL INTEREST

#### CAT ON A HOT TIN ROOF

(Ages 13 and up)

A Pulitzer Prize winning drama, Tennessee Williams' explosive portrait of a Mississippi family jeopardized by hypocrisv, avarice and hidden desires. This trip is sponsored by SVAV-LC. Registration is required, in person, by Teletrac, or by mail.

Saturday, July 3; 1:00P-6:00P

Destination: Kennedy Center,

Washington, DC

Depart: 1:00P from DCC Return: 6:00P to DCC Fee: Resident \$15 Non-Resident Fee: \$22 Activity #: 441739-01

# SPARE TIME **BOWLING**

(Ages 18 and up)

Relax on a Friday afternoon with several games of bowling! This program teaches the basics of the game, promotes socialization and community awareness, as well as provides physical fitness. Includes two games of bowling at Village Lanes, Leesburg, VA. You must register for this activity in person or by mail.

Fridays, July 9 & 23 2:45-4:45 PM

Location: Village Lanes, Leesburg

Depart: 1:15P from at-home\*\* 2:15P from ECHO\* Return: 5:30P to NOVA\* 5:45P to at-home\*\*

Transportation is limited. \*Add \$2.00 for each way. \*\* Add \$2.50 for each way.

Fee: \$10/1 session + transportation Non-Resident Fee: \$15/1 session Activity #: 441710-03 July 9

441710-04 July 23



#### **CATOCTIN WILDLIFE** PRESERVE & ZOO

(Ages 18 and up, Level I & II)

The Catoctin Zoo is always a fun place to visit with friends. Celebrating the Chinese Year of the Monkey, the Zoo will have different monkey shows for your enjoyment. Not forgetting all the tigers and other animals found there. Remember to bring your own lunch because we will eat lunch in a park. Fee does not include food. Please register in person or by mail.

Friday, July 10; 10:00A-3:00P Depart: 9:00A from DCC Return: 3:00P to DCC Fee:Resident \$25 Non-Resident Fee: Activity #: 441722-02

#### **MOVIE MADNESS**

(Ages 13 and up)

Join us for a Saturday matinee. We'll spend our free time browsing local shops and grabbing some lunch. Lunch is not included in fee. This activity must be registered for in person or by mail.

Saturday, July 17

Destination: IMAX Theater, Chantilly Depart: 10:00A from at-home\*\*

> 11:00A from DCC 11:30A from NOVA

Return: 5:00P to NOVA

5:30P to DCC 5:45P to at-home\*\*

\*\*Transportation is limited. Add \$2.50 each way.

Fees: Resident: \$14 Non-Resident: \$21 Activity #: 441730-02

**Participant Levels** 

Level I: Participant needs to be selfsufficient with limited staff assistance for care needs.

Level II: Participant requires moderate assistance with care needs.

Level III: Participants with Severe/ Profound disabilities who require staff assistance.



### TAKE ME OUT TO THE **BALLGAME**

(Ages 13 and up)

Birds fans cheer on the Orioles as they face off against the Minnesota Twins. We'll eat dinner at the park. Price does not include cost of the meal or souvenirs. Sponsored by SOVA-LC. Please register in person or by mail.

Saturday, July 24; 4:00P-11:00P Location: Baltimore, Maryland

Depart: 3:00P from at-home\*\* 4:00P from DCC

Return: 11:00P to DCC 11:15P to at-home\*\*

\*\*Transportation is limited. Add \$2.50 for each way.

Fee: \$6.00 plus dinner

Non-Resident Fee: \$7 plus dinner

Activity #: 441734-01

### **SOCIALIZERS-Buffalo Wing Factory & Pub**

(Ages 18 and up, Level II and III)

A great place to enjoy buffalo wings and friends. Fee does not include dinner. Please register in person or by mail.

Thursday, July 29; 4:30P-7:30P Destination: Sterling, Virginia Depart: 3:00P from at-home\*\*

4:15P from ECHO 4:30P from DCC

Return: 6:30P to NOVA 7:00P to DCC 7:15P to at-home\*\*

\*\*Transportation is limited. Add \$2.50 each way.

Fee: \$12

Non-Resident Fee: Activity #: 441732-02

# SRAB PICNIC IN THE PARK (All Ages)

"Saturday, in the park, I think it was the 31st of July"! Well, the old Chicago song was something like that. Summer fun, lots of cool picnic games and great food! You can visit the Farm Museum while waiting to eat. Please register in person or by mail.

Saturday, July 31; 10:30A-1:30P Location: Claude Moore Park,

Sterling

Depart: 9:00A from at-home\*\*

10:00A from DCC

Return: 2:00P to DCC

2:15P to at-home\*\*

\*\*Transportation is limited. Add \$2.50 each way.

FREE EVENT

Activity #: 441776-01



# **AUGUST**

#### INDOOR PICNIC

#### (Ages 13 and up)

Join Betty and friends for an indoor picnic as we eat an early dinner. No bugs, no heat, no worries. Register in person or by mail. Participants are welcome to meet us at Lucketts Community Center, or take a PRCS mini bus.

Friday, August 6; 3:00P-5:00P

Destination: LCC

Depart: 1:15P from at-home\*\*

2:15P from ECHO\* 2:30P from DCC\*

Return: 5:30P to DCC\*

6:00P to NOVA\*

6:15P to at-home\*\*

Fee: \$8.00

Non-Resident Fee: Activity #: 441726-01

Transportation is limited.

\* Add \$2.00 each way.

\*\* Add \$2.50 each way.

# SPARE TIME BOWLING

#### (Ages 18 and up)

Relax on a Friday afternoon with several games of bowling! This program teaches the basics of the game, promotes socialization and community awareness, as well as provides physical fitness. Includes two games of bowling at Village Lanes, Leesburg, VA. You must register for this activity in person or by mail.

Fridays, August 13 & 27 2:45-4:45 PM

Location: Village Lanes, Leesburg

Depart: 1:15P from at-home\*\*

2:15P from ECHO\*

Return: 5:30P to NOVA\*

5:45P to at-home\*\*

Transportation is limited. \*Add \$2.00 for each way.

\*\* Add \$2.50 for each way.

Fee: \$10/1 session + transportation Non-Resident Fee: \$15/1 session Activity #: 441710-05 August 13 441710-06 August 27

# FREDERICK KEYS AND FIREWORKS

#### (Ages 6-12)

Check out the Class-A Frederick Keys, an affiliate of the Baltimore Orioles, in a game against Winston-Salem. We will eat at the park; dinner is not included in the fee. There will be a fireworks show after the game. Parent volunteers are needed, please call 703-777-0438.

Saturday, August 14; 5:00P-11:00P

Destination: Frederick, Maryland Depart: 5:00P from NOVA

5:30P from DCC

Return: 10:30P to DCC

11:00P to NOVA

Fee: \$11 plus dinner Non-Resident Fee: \$16 Activity #: 441734-02

#### MOVIE MADNESS

#### (Ages 13 and up)

Join us for a Saturday matinee at the Regal Cinemas. We'll spend our free time browsing local shops and grabbing some lunch. This activity must be registered for in person or by mail.

#### Saturday, August 21

Location: Hoyt's Cinemas, Manassas Depart: 10:00A from at-home\*\*

11:00A from DCC 11:30A from NOVA

Return: 5:00P to NOVA 5:30P to DCC

5:45P to at-home\*\*

\*\*Transportation is limited. Add \$2.50 each way.

Fees: Resident: \$14 Non-Resident: \$21 Activity #: 441730-03



#### **SOCIALIZERS-Lucketts Fair**

#### (Ages 18 and up, Level II and III)

Enjoy an afternoon of Bluegrass music, crafters, food and old fashioned country fair activities. Fee does not include dinner. Please register in person or by mail.

#### Saturday, August 28; 9:30A-3:30P

Depart: 8:45A from at-home\*\* 9:30A from DCC

Return: 3:30P to NOVA 4:00P to DCC 4:15P to at-home\*\*

\*\*Transportation is limited. Add \$2.50 for each way.

Fee: \$7.00

Non-Resident Fee: Activity #: 441732-03

#### **Participant Levels**

Level I: Participant needs to be self-sufficient with limited staff assistance for care needs.

Level II: Participant requires moderate assistance with care needs.

Level III: Participants with Severe/Profound disabilities who require staff assistance.

# **Ongoing Programs / Special Olympics Sports**

### VSA arts Da Vinci (All ages)

VSAV-LC is pleased to announce the opening of a Da Vinci visual arts studio project for people with disabilities. Classes will provide participants with the support they need to express themselves through art. Pay fee to instructor. Fee covers supplies for a variety of art mediums.

**DROP-IN** \$10/session

Every Tuesday & Thursday 10:00A-11:00A

# Saturday Leisure (Ages 13 and up)

In partnership with LARC and ECHO, this program provides supervised recreational activities with a 1:3 staff ratio in a safe and relaxed setting for individuals with disabilities. Registration and payment is through the LARC office at 703-777-1939 ext. 5.

DROP-IN 9:00A-4:00P

1st & 3rd Saturday monthly Aurora School, Purcellville

2nd & 4th Saturday monthly

Leesburg Senior Café at PRCS office

Depart: 8:30A from NOVA\*

9:00A from DCC\*\*

Return: 4:00P to DCC\*\*

4:30P to NOVA\*

Transportation is limited.

\* \$3.00 each way

\*\* \$2.00 each way

Fee: \$20.00

# Pathways Activities (Ages 18 and up)

Pathways is a program emphasizing integration through activities with volunteer buddies. *Sponsored by LARC.* Limited registration available.

Mondays, June 14, July 12 & August 9

Location: PRCS office

Call LARC at 703-777-1939 to register.



#### SPECIAL OLYMPICS SPORTS

Practices for fall sports will begin in August. Please call Shannon Poe, Athletic Coordinator, after July 12 for more details.

#### **SOCCER**

(Ages 8 and up)

Location: Northern Virginia Community College, Sterling. Practices will begin in August. Training is open to all individuals with disabilities; however, Special Olympics eligibility guidelines must be met to participate in competitions. Call Adaptive Recreation for more information available 7/12.

#### **VOLLEYBALL**

(Ages 8 and up)

Location: Heritage High School, Leesburg. Practices will begin in August. Training is open to all individuals with disabilities; however, Special Olympics eligibility guidelines must be met to participate in competitions. Call Adaptive Recreation for more information available 7/12.

#### **UNIFIED BOWLING**

(Ages 8 and up)

Location: Village Lanes, Leesburg

Practices begin August 8. Sundays from 12:00P-2:00P. Athletes and Volunteers needed to form 4-person Unified teams. Call Adaptive Recreation for more information.

#### **UNIFIED GOLF**

(Ages 8 and up)

Athletes and Volunteers needed to form 2-person Unified teams. Please call Adaptive Recreation for more information.



#### **Loudoun County Special Olympics Committee Meeting**

Special Olympics Committee members meet to discuss and plan current events with volunteers, coaches, athletes and all interested in Special Olympics-Loudoun. New members should call the office to confirm attendance.

Mondays, June 14, July 12, and August 2

Time: 6:00P-7:00P Location: PRCS office

#### **Loudoun County Special Olympics Coaches Meeting** (Ages 18 and up)

All coaches of fall sports will meet to plan and discuss the upcoming season. Those who have not previously coached, but who are interested in helping, please call the office for more information. **FREE EVENT** 

Monday, August 2; 7:30P Location: PRCS Office

### Special Olympics Fall Season **Kickoff Party**

(Ages 8 and up)

Join us as we begin another great year of Special Olympics training and events. This event is intended for current athletes and volunteers. as well as those who are interested in finding out more about the program. For more information, call Shannon Poe at 703-777-0438.

#### **Special Recreation Advisory** Board, Inc.

Volunteer board members meet to discuss events, community awareness, fundraising and sponsorships. New members should call the office to confirm attendance.

Tuesdays, June 8, July 13, and August 10

Time: 5:30-7:00 PM Location: PRCS office



SPECIAL RECREATION ADVISORY BOARD



#### **VSA** arts of Virginia-Loudoun **County Committee Meeting**

Volunteer members meet to plan future visual and performing arts events, workshops, community awareness opportunities and fundraising. New members are welcome. Please call Jeff Stern at 540-338-8597.

Mondays, June 28, July 26 and August 23; 5:45-7:00 PM Location: PRCS office

### **GENERAL INFORMATION**

#### ADAPTIVE RECREATION STAFF:

#### **Adaptive Recreation Manager:**

vacant

Phone: (703) 771-5013

#### **Adaptive Recreation Specialists:**

Alison Roberts (on leave until July 1st)

Phone: (703) 737-8837 Aroberts@loudoun.gov

Shannon Poe

Phone: (703) 777-0438 Spoe@loudoun.gov

Ernesto Nunez

Phone: (703) 777-5010 Enunez@loudoun.gov

Adaptive Recreation provides recreational activities for youth and adults who have physical and/or mental disabilities. The specific activities are designed for individuals to function at their fullest potential when participating in activities developed with their special needs in mind. The focus of the programs is on the participants' ability

#### **Cancellation Policy**

Adaptive Recreation will now offer a refund (credits will no longer be issued) if any activity is canceled due to insufficient registration or other reasonable causes. In the event of a cancellation, participants will be called three business days prior to the date of the activity. If you need to cancel an activity registration, you must do so in writing at least three business days prior to the date of the activity. (This will assist in accommodating waiting list and program schedules.) Refund checks will be issued upon approval of the request.

### **TELETRAC**

# PHONE REGISTRATION AND PAYMENT SYSTEM

If you are a current participant, you may now register for classes or programs by phone using TeleTrac and your **VISA** or

MASTERCARD once general registration begins on May 20th. To use TeleTrac, you must first obtain your household ID number and family ID number by calling 703-777-0343. Once you know your ID numbers, you can register with TeleTrac by calling 703-443-9338 and following the prompts. If you are not a current participant, you will need to register for your first program/class by mail or in person before being able to access TeleTrac.

### **WEBTRAC**

ON-LINE COMPUTER REGISTRATION AND PAYMENT SYSTEM

Visit www.loudoun.gov/prcs and click on the Webtrac link. We are pleased to offer Webtrac, our new online registration system. With Webtrac you can:

- Browse our activity listings
- Search for activities by type, age range, location, and other criteria
- Lookup details about an activity, including price, date, time, location, or current enrollment

Households already established in the PRCS registration database can also:

- Enroll for most classes and activities, excluding licensed programs
- Pay existing balances for licensed programs (CASA, YAS, Select camps, Preschool, or Child Care)
- Print a transaction history
- Reprint old receipts
  Questions? Call 703-777-0343.

#### Financial Support

For qualifying families, financial support may be available for reimbursement of Loudoun County Parks, Recreation and Community Services activities. The major qualification for respite is a MR diagnosis. Do not hesitate; call MR Services at 777-0377 now and ask for Pam Compher. Limited scholarships are also available from the Special Recreation Advisory Board.

#### **At-home Transportation**

Limited slots are available. Priority will be given to those without family, caregivers or staff resources.

Transportation will be confirmed within three business days prior to the activity. At-home transportation is only available when listed with the activity. The fee is \$2.50 each way.

#### **Participant Levels**

Level I: Participant needs to be selfsufficient with limited staff assistance for care needs.

Level II: Participant requires moderate assistance with care needs.

Level III: Participants with Severe/ Profound disabilities who require staff assistance.

#### **Integration Opportunities**

Individuals with disabilities are entitled to recreation opportunities. Adaptive Recreation encourages its participants to integrate into all Loudoun County Parks, Recreation and Community Services programs. Please call staff for any assistance or information you may need.

# ACC...... Arcola Community Center

LVCC...... Loudoun Valley Community Center
NOVA...... Northern Virginia Community College
(Rt. 7, 1<sup>st</sup> Parking Lot on right)

SCC...... Sterling Community Center

SCCA ...... Sterling Community Center Annex

#### ADA

Loudoun County Parks, Recreation and Community Services is committed to complying with the Americans with Disabilities Act (ADA). If you need reasonable accommodations in order to participate, call Adaptive Recreation at least one week prior to the start of the activity.

# ADAPTIVE RECREATION CAMPS

# AWESOME ADVENTURES (Ages 12-16)

Join us for a summer of "Awesome Adventures." An opportunity for students with mild disabilities (LD,ADD/ADHD, Motor Planning Disorder, Aspergers, Mild PDD and the like) to cut loose and have fun with peers while enhancing social, emotional and physical skills. Our adventures will include whitewater rafting, a trip to a theme park, a trip to the Catoctin Wildlife Preserve & Zoo, and more. Participants should have a diagnosed mild disability, independent self-help skills and be able to verbally communicate basic wants and needs. We'll meet at and depart from Sterling Community Center daily. This activity can be registered for in person, by teletrac, by webtrac, or by mail.

#### Monday-Friday, August 23-27

Location: Sterling Community Center

Drop off: 8:00AM-9:00AM Pick-up: 4:00PM-5:00PM

Fee: \$264

Non-Resident Fee: \$387 **Activity #341721-01** 



# BIG SPORTS FUSION CAMP (Ages 6-10)

An inclusive opportunity for children with mild disabilities (LD, ADD/ADHD, Motor Planning Disorder, Aspergers, Mild PDD and the like). Not a buddy program but an opportunity to be introduced to a different sport or game each day alongside their peers. Possible activities include soccer, basketball, football, track & field, t-ball and more. After snack time, the campers will have time to play on our brand new playground. You may register for this activity in person, by mail, or through teletrac or webtrac.

#### Monday-Friday, July 19-23

Morning Session 9:00A-12:00P Activity #: 603220-01 \$62.00 (Resident)

Non-Resident Fee: \$93

Afternoon Session 1:00P-4:00P Activity #: 603220-02 \$62.00 (Resident)

Non-Resident Fee: \$93

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#### **SUMMER DAY CAMPS 2004**

#### **Eight one-week sessions**

The 2004 Adaptive Recreation Summer Day Camp is State Licensed, operated by a team of experienced recreational professionals and seasoned summer staff. Campers will experience a variety of activities each day. Weekly themes and related activities make the camp experience fun and challenging. The activities include field trips, arts & crafts, sports, swimming, music, and special guests. Every camp participant is given the opportunity to develop at their own rate to improve skills, open doors for friendships and create wonderful memories, while having a blast.

Camp Dates: June 28-August 20, 2004 (except July 5)

**Camp Hours:** 9:00A-4:00P

Camp Fees: \$140 per session, \$112 for the week of July 6th, \$25

non-refundable registration fee

Site: Selden's Landing Elementary, Leesburg

Registration is on a first come, first serve basis. Call Ernest at (703) 771-5010 for any questions.

#### Mini Adventurers 1 (Ages 2-5)

For campers with PDD, ADHD and LD; one staff to three campers. Activity #441770-01/08

#### Mini Adventurers 2 (Ages 2-5)

For campers with MR, DD and Physical disabilities: one staff to five

Activity #441771-01/08

#### Explorers (Ages 6-12)

For campers with MR and DD; one staff to five campers. **Activity #441772-01/08** 

#### Rangers 1 (Ages 6-9)

For campers with LD, ADD/HD, physical disabilities with mild cognitive delays; one staff to five campers.

Activity #441773-01/08

#### **Rangers 2 (Ages 10-12)**

For campers with LD, ADD/HD, physical disabilities with mild cognitive delays; one staff to five campers.

Activity #441774-01/08

#### **Buccaneers (Ages 6-12)**

For campers with Autism and ED; one staff to four campers. Activity #441775-01/08

#### Adventurers (Ages 13+)

For campers with various disabilities; one staff to five campers. **Activity #441776-01/08** 

#### Voyagers (Ages 2-22)

For campers with SPH; one staff to three campers.

Activity #441777-01/08